

Sask DLC Family Newsletter

January 2025

Happy New Year

Happy New Year from all of us at Sask DLC! Welcome back to returning families and a warm welcome to our new students and families. Each month, you'll receive a Sask DLC newsletter with important dates, events, and resources to support your student's learning. Teachers may also share updates with specific information.

2025 is off to a great start and we're looking forward to exciting events, fall registration opening March 1, summer school registration opening May 1 and new courses being introduced for the 2025-26 school year. To keep up to date, visit SaskDLCandMe.ca, our family-focused website.

Upcoming dates to remember

Here are a few dates to keep in mind:

- Jan 23-28 Semester 1 high school course exams
- Jan 25 31 Family Literacy Week in Saskatchewan
- Jan 29 and 30 no school for students, Teacher PD days
- Jan 31 Semester 2 begins
- **Feb 7** Registration deadline for Semester 2 Synchronous live classes
- Feb 17 21 February break- no school for students
- Feb 27 Winter family fun afternoon

Stay in the loop! You can find all the important dates at <u>Sask DLC and Me</u>.

Grade K-9

1) Winter Family Fun February 27 from 1:00 p.m. - 3:00 p.m.

Students in Grades K–9 are invited to enjoy an afternoon of skating, trail walking, and hot chocolate. You can choose to participate in Saskatoon at the Meewasin Rink or in Moose Jaw at the Wakamow Valley Skating Oval. Keep an eye out for an email from your teacher with details on how to register for this fun-filled day of activities and opportunities to make new friends. The registration deadline is February 14.

2) Family Literacy Week – January 25 – 31

This year's Family Literacy Week theme is "Learning to be Green, Together!" Our Resource Bank 2025 Family Literacy Week - Learning to be Green, Together has everything you need to celebrate at home compiled in one space. It includes:

- Information about the books
- Ten suggestions from Barbara Reid for celebrating Family Literacy Day
- Live event options (virtual) with registration information, dates and times.
- Additional resources for Family Literacy Day
- How to make literacy part of your day every single day!

For more resources and ideas please visit the **Family Literacy Collection**.

3) Girls+ in STEAM Hybrid Conference

The Saskatchewan Science Centre is hosting the 4th annual Girls+ in STEAM Hybrid Conference on Tuesday, February 11. The 2025 Girls+ in STEAM Conference is an opportunity for students in grades 6 to 9 to meet women working in science, technology, engineering, arts and math (STEAM) fields, gain new skills and have a lot of fun with hands-on activities. This conference, offered both in-person and virtually, is FREE for all participants; however, registration is required. To learn more visit Saskatchewan Science Centre.

Grade 10 - 12

Semester 1 exam tips

Do you find yourself going blank during exams, feeling frustrated, thinking you can't do it, noticing your heart racing, becoming easily distracted, or feeling overwhelmed? With Semester 1 final exams approaching, it's normal to experience anxiety and worry. The good news is that recognizing these feelings is the first step, and there are resources available to help you manage them. Take a moment to explore this <u>test anxiety booklet</u>, which offers tips and strategies to help you work through your anxiety and take control.

Scholarships

Many post-secondary institutions offer early admissions and scholarships, so it's a great time to check their websites for requirements and deadlines. You can also <u>find</u> <u>scholarship information on Sask DLC and Me</u>. Full-time students should reach out to their academic advisor, while part-time students can contact their local guidance counsellor.

Resource Bank

For wonderful ideas for wellness and social and emotional learning, please visit the Happiness Calendar! The calendar provides a daily dose of joy. You can easily print it for your whole family to share. Each day, you'll find a small activity, affirmation or quote to inspire happiness. From acts of kindness to mindful moments, it's a fun way to focus on joy every day.

Example Highlights:

February: Friendly February

March: Mindful MarchApril: Active April

Join in and start your year with positivity and purpose!

Events

Storytelling Month and Black History and Black Futures Month. It is a time to honor the rich tradition of Indigenous storytelling, cherishing the practice of passing knowledge, culture, and wisdom from one generation to the next. At the same time, February celebrates the significant contributions and achievements of Black people throughout history, while also looking ahead to a future shaped by their resilience, creativity, and dedication to building a more equitable and just society. For more information please visit SaskDLCandMe.

Clubs

Our Sask DLC clubs have many opportunities for you to connect with other students, explore new interests and have fun!

Our **Business Club** has many exciting events that are coming up that they'd love for you to take part in:

- Investment Game where 320 students and teachers from across SK play virtually
- High School Stock Market competition with Saskatchewan Polytechnic, online
- Weekly Tuesday club meetings

Don't wait—join a club today at Sask DLC and Me!

Student Spotlight

We love hearing about how our students give back to their communities! Grade 10 student Alanna created 140 pipe cleaner flowers to bring joy to the elders in her community. She even tried to hold all 140 flowers at once, but there were just too many! Amazing work Alanna—your kindness makes a real difference.



If you'd like to be included in our Student Spotlight feature, please let your teacher know or email communications@saskdlc.ca and we will reach out to you.

How do I get help?

If you have questions about your course, please contact your teacher to assist. You can find your teacher's direct number on your course information in DLCgo. You will also find a link to book a meeting with them.

You also have access to an online support portal for common questions or technical issues. If needed, you can submit a helpdesk ticket by signing up in the top right corner of the homepage. Bookmark this page for easy access: Support: Sask DLC Student Services.

Helpful Links

<u>Student Helpdesk</u> remember to "sign up" using the top, right, sign up login <u>Microsoft 365 login instructions</u>
How do I upload and submit my assignments

Sask DLC Store

Check out our Sask DLC store to find a selection of school clothing, gifts and more!

Watch for your next Sask DLC Family Newsletter the week of February 10.